



Community Wellbeing and Activity Organiser

The Community Wellbeing and Activity Organiser role will focus on supporting individuals and the community of Cranbrook to make physical activity part of their daily lives and to build community-led, welcoming and long-lasting opportunities in the local neighbourhood. They are hosted by ##### as part of the Sport England funded Move More Cranbrook network [alongside partners]

Terms:

- Salary: TBC
- Hours: TBC funding dependant
- Based in Cranbrook
- The role will be hosted and line managed by #####
- Flexible working arrangements will be considered. Some evening and weekend work will be required to fulfil the role.

Role functions:

- Discover, map and understand the current community opportunities and assets in Cranbrook, with a particular focus on physical activity and wellbeing and how these are experienced by those who are currently inactive or experiencing poor personal wellbeing.
- Work alongside other Community roles and other stakeholders to gather information on local community, sport and physical activity opportunities
- Work alongside and engage with residents, groups and networks to support their physical activity and wellbeing related ideas and help to develop and embed them. This will include working closely with Move More Cranbrook colleagues and the wider Live and Move team to provide support with advice, guidance and writing funding applications
- Working alongside residents, groups and networks to coordinate, provide or link with practical support for activities - including for example, one-off events, promotional activities, taster days
- Work with individuals who are looking to become more active or improve their wellbeing in ways that work for them, including by providing information, linking them to opportunities, and providing support/accompaniment etc. when required.
- Work alongside existing individuals/groups/networks who want to add physical activity or other interventions aimed at improving wellbeing to their group/activity.

- Engage and listen to residents to help address barriers to being active and improving wellbeing
- Act as a “champion” of physical activity and good wellbeing within Cranbrook, providing information and resources to colleagues and promoting physical activity as a key element of wellbeing.
- Capture and share community stories, successes and challenges that can inform and support learning and evaluation across Cranbrook, East Devon, Sport England networks and the wider region
- Develop and share learning from the role with Move More Cranbrook, Live and Move and wider Sport England colleagues; supporting the growing understanding of what does and doesn't work when working with inactive people and communities, how challenges can be overcome.
- Maintain awareness of regional and national policies, campaigns, resources etc that may be relevant to role and of benefit to the aims of the programme.
- Keep up-to-date with external funding opportunities relevant to the role and the aims of the programme and support the completion of funding bids.

Person specification

Essential:

- A passion and commitment to supporting individuals and communities to transform their health and wellbeing.
- Excellent written and verbal communication and interpersonal skills.
- Excellent listening skills.
- Experience of working directly with communities, in a paid or voluntary capacity.
- Ability to work with people as individuals, be understanding, non-judgemental and empathetic of the issues they face and see them as equal to you.
- Ability to think creatively about community engagement and how to engage people who are physically inactive or experiencing poor wellbeing with different types of community and physical activity.
- Ability to build and maintain trusting and positive relations with colleagues, individuals, groups and communities.
- Understanding of the social context of physical activity and how perceptions and barriers affect engagement.

- Understanding of the approach, aims and roles within Wellbeing Cranbrook and a commitment to working collaboratively within this team and with other provider organisations within the programme.
- Ability to be flexible and adaptable to the different working environments required in community work.
- Ability to work flexibly and independently and available for evening and weekend work.
- Commitment to working with people who are currently physically inactive or experiencing poor wellbeing to start on a journey towards being more active and/or improving their wellbeing in a way that works for them and fits in with their daily lives.
- Understanding of professional boundaries and safeguarding and able to apply these to own work.
- IT literate with good knowledge and experience of different types of social media.
- Ability to reflect on own work, learn from it and share with others.
- Satisfactory Enhanced DBS check.

Desirable:

- Knowledge of and/or experience of working with the community of Cranbrook and existing networks.
- Understanding of and experience of using behavioural change, mentoring and motivational techniques with individuals and/or groups.
- Understanding of the principles of Asset-Based Community Development.
- Basic knowledge of long-term conditions / disability and how these impact on individuals' day to day lives.
- Understanding and experience of monitoring and evaluation.
- Lived or previous experience relevant to role and ability to use this to inspire others where appropriate.